

BMI chart

| | |
|--------|-----|
| 4' 10" | 143 |
| 4' 11" | 148 |
| 5' 0 " | 153 |
| 5' 1" | 158 |
| 5' 2" | 164 |
| 5' 3" | 169 |
| 5' 4" | 175 |
| 5' 5" | 180 |
| 5' 6" | 186 |
| 5' 7" | 191 |
| 5' 8" | 197 |
| 5' 9" | 203 |
| 5' 10" | 209 |
| 5' 11" | 215 |
| 6' 0" | 221 |
| 6' 1" | 227 |
| 6' 2" | 234 |
| 6' 3" | 240 |
| 6' 4" | 246 |